

Exercise

Zürich, June 2012

Question

What is "an adult"?

Do you look at yourself as an adult?



If the answer is yes:
Do you feel like an adult?



Do others look at you as an adult?



**What are the characteristics
that makes an adult an adult?**



Different criterias

- **Legal criteria** (age)
 - **Physical criteria**(the look)
 - **Social criteria** (responsibility)
 - **Cultural criteria** (different societies and traditions)
 - **Individual criteria** (each person)
- 

Life stages and participants

Adults deal with life, acts, produce and create in various ways during different stages in life and periods in life

(connected to fascilitation of learning for participants)



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The adult learner; typical characteristics

- **What is typical for the adult learner?**

“I want to use what I learn”

= usefulness

“ I expect my learning to be of importance to me ”

= selective

“I want to prove that I can manage”

= to achieve

“I don’t want to loose face in a learning situation”

= vulnerable

“I have a lot of life experience”

"I want to be respected"

= subject / subject-relation

“ I both want and do not want to learn ”

= ambivalent

We learn when we are motivated, and we are motivated when we learn.